

Common Name	Scientific Name	Family	Life Cycle	Flowering Time	Color	Light	Soil	Height	Origin	Uses	Notes	Availability	Price	Quantity	Barcode		
<i>Flynn virginicus</i> L.	Virginia Wildrye	47	Perennial	Yes			Part Shade/Part Sun	Beetles and Butterflies use the plant as host/food. Birds eat seeds.	MelowmanFarm.com	M.P.C.P.	Low woods, ditches, and wetlands. Prefers moist fertile soils. Short lived, cool season grass that doesn't tolerate frequent mowing. Compatible with warm season grasses and wildflowers. Used in restoration and stabilization projects because of high germination rates. Birds eat the seeds. Plants "fall over" when mature. Tolerant of varied conditions. Germination will only occur in cool moist weather. Soil cooling recommended. When used as part of a seed mix, not less than 1%, not more than 5% of the total.	PrarieMoon.com	4200 \$11.00/1 lb	0.0002323			
<i>Eragrostis horrida</i> Michx.	Bluegrass	39	Perennial	Yes	Summer-Fall (J,A,S,O)		Part Shade/Part Sun		Embsweed.com	M.P.C.P.	Roadside, field, open woods. Dry soil.	Embsweed.com	\$18.00/lb				
<i>Eragrostis spectabilis</i> (Pursh) Steud.	Purple Lovegrass	31	Perennial	Yes			Full Sun/Part Shade	Pollinator Habitat	MelowmanFarm.com	M.P.C.P.	Sandy fields, roadsides, Pastures, and Open Woods. Can be weedy or invasive.	PrarieMoon.com	28000 \$80.00/1 oz	0.0002871			
<i>Eriogonum pulchellum</i> Michx.	Robin's Nest	24	Perennial	Yes	Spring (A,J)	Pink	Part Sun/Part Shade	Nectar, Butterflies, Sluggers, Bees Very dense for seed/total butterfly larvae, nectar, bees, wasps, flies, butterflies	notcureturnery.com	td	M, P.C.P.	Rich wooded slopes and covers. Less frequent in Coastal Plains.	Rarely	PrarieMoon.com	115000 OUT OF STOCK		
<i>Eryngium yuccifolium</i> Michx.	Rattlesnake Master, Button Eryngo	6	Perennial	Yes	Spring-Summer					C.P.A.							
<i>Erythronium umbilicatum</i> Parks & Hervey	Dimpled Trout Lily	6	Perennial	Yes	Early Spring (J,M,A)	Yellow	Shade/Part Sun			M.P.C.P.	Allial woods, coves, and moist woodlands. Common in Mountains, and Piedmont, rare in Coastal Plains.	No					
<i>Eupatorium perfoliatum</i> L.	Common Boneset	48	Perennial	Yes	Summer-Fall	White	Full Sun/Part Shade	Bees, Butterflies, Wasps	curmunity.com, wetlandplants.com	td	td						
<i>Euphorbia corollata</i> (L.) var. <i>corollata</i>	Flowering Spurge, Trump Spurge	8	Perennial	Yes	Summer-Fall (M,J,A,S)	White	Part Sun/Part Shade	Bees, Butterflies, Other insects	richgarden.com	9 M.P.C.P.	Woodland borders, railroad embankments, and old fields.	Yes	PrarieMoon.com	8000 60.00/1 oz	0.0071		
<i>Euphorbia corollata</i> (L.) var. <i>corollata</i>	Flowering Spurge, Trump Spurge	8	Perennial	Yes	Summer-Fall (M,J,A,S)	White	Part Sun/Part Shade	Bees, Butterflies, Other insects	richgarden.com	9 M.P.C.P.	Woodland borders, railroad embankments, and old fields.	Yes	PrarieMoon.com	8000 60.00/1 oz	0.0071		
<i>Eurybia divaricata</i> (L.) G.L. Nesom	White Wood Aster, Heart Leaved Aster	37	Perennial	Yes	Late Summer-Fall (J,A,S)	White with yellow center	Part Shade/Part Sun	Butterflies, Bees, Wasps	richgarden.com, gardensthewood.com, curmunity.com	M, P, C.P.	Rare in Coastal Plains. Woodlands.	Yes	PrarieMoon.com, Embsweed.com	44000 25.00/1 oz, 5000 3.00	0.00041		
<i>Gallardia aestivata</i> (Walter) H. Rock	Lanceleaf Blanketflower	24	Annual	Yes	Summer-Late Fall (J,A,S,O)	Red center with yellow petals	Part Sun/Part Shade	Native Bees, Honey Bees, Butterflies, Wasps		M, C.P.	Turkey Oak woods.	Rarely					
<i>Gallardia aristata</i> Pursh	Blanketflower	24	Perennial	No	Summer	Yellow with purple center	Full Sun	Attracts butterflies, bees and bees.		N/A	Drought Tolerant.	Yes	Americamedia.com	54.95/1 lb			
<i>Gallardia pulchella</i> King	Indian Blanket	24	Annual/Biennial	Yes	Spring-Late Fall (J,M,J,A,S,O)	Yellow, Orange, Red	Full Sun	Attracts many pollinators, good source of nectar and pollen.	MelowmanFarm.com, americamedia.com	9.95 C.P.	Sandy fields, roadsides, and beach dunes.	Yes	Americamedia.com	9.95/1 lb			
<i>Gaultheria procumbens</i> L.	Wintergreen, Checkerberry, Teberry	8	Perennial	Yes	Summer (J,A)	White, Pink	Shade/Part Shade	Bees	Americamedia.com	11.99 M.P.C.P.	Xeric to mesic wooded habitats. Rare in Piedmont.	Yes	Midsidegrade.com	8.99/1000 seeds	0.00899		
<i>Geranium heinrichi</i> (Froel.) G. Don	Sagewort	35	Perennial	Yes	Fall (O, N)	Blue, Purple	Part Shade/Part Sun	Nectar, Pollen, Bumblebees, Bees	Bare root	curmunity.com	4.98 M.P.C.P.	Wetlands, meadows, and stream banks.	Yes	PrarieMoon.com	28000 80.00/1 oz	0.00029	
<i>Geranium maculatum</i> L.	Wild Geranium	24	Perennial	Yes	Spring (A,M,J)	Pink, Blue, Lavender	Part Shade/Part Sun	1 gal, 1 qt, 1 qt, 1 qt, seed packets	Curmunity.com, gardensthewood.com, americamedia.com	M.P.C.P.	Allial woods and coves. Chilly mountains and piedmont.	Yes	PrarieMoon.com	5000 80.00/1 oz	0.016		
<i>Helianthus scaberrimus</i> Raf.	Purple Sneezeweed	39	Perennial	Yes	Summer	Yellow	Full Sun	Bees	MelowmanFarm.com, curmunity.com, wetlandplants.com	C.P.							
<i>Helianthus angustifolius</i> Swartz	Sweet Sunflower	72	Perennial	Yes	Fall	Yellow	Part Sun/Part Shade	Bees		C.P.							
<i>Helianthus scaberrimus</i> Raf.	Purple Sneezeweed	39	Perennial	Yes	Summer	Yellow	Full Sun	Specialist bee helicospites heliops, butterflies		M.P.C.P.							
<i>Hesperis matronalis</i> (DC) Ker Gawl.	Round Lobed Evening Primrose	6	Perennial	Yes	Late Winter-Early Spring (J, A, S)	Purple	Shade/Part Shade	1 qt	gardensthewood.com	8 M.P.C.P.	Rich woods. Rare in Mountains and Coastal Plains.	Rarely					
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<i>Alysicarpus coloratus</i> (L.) H. Pfeiffer, <i>Alysicarpus coloratus</i> (L.) Hitchc., <i>Alysicarpus drummondii</i> (Steud.) Alysicarpus aridus (Lam.) Greene, <i>Schoenus coloratus</i> (L.)	Stamens Whitish	20	Perennial	Yes	Summer-Fall (M,J,A,S)	White			Pollinator Habitat	2 in. plug	wellandplants.com, melowmanfarm.com	7.75	CP	Sandflats, ditches, lawns.	No						
<i>Rudbeckia fulgida</i> Aiton., <i>Rudbeckia ignea</i> Michx., <i>Rudbeckia speciosa</i> Nutt., <i>Rudbeckia fulgida</i> var. <i>subvaria</i> (Byington & Howell) Cronquist & C.	Black-eyed Susan	47	Perennial	Yes	Fall (A,S,O)	Change to Yellow			Bees, Butterflies, Flies	1-qt	currunary.com, MelowmanFarm.com	4	P,CP	Woodlands, meadows, and pastures. Throughout the Piedmont, infrequent in Coastal Plains.	Yes	Prairiemoon.com	31000	\$40.00/1 oz		0.0013	
<i>Rudbeckia hirta</i> (L.)	Black-eyed Susan	39	Annual/Biennial/Perennial	Yes	Late Spring-Summer (M,J,S)	Yellow	Sun		Bees, Butterflies, Flies		melowmanfarm.com	M,P,CP		Meadow, pastures, old fields, roadsides. Essentially throughout.	Yes	Prairiemoon.com	31000	\$40.00/1 lb		0.00026	
<i>Rudbeckia triloba</i> var. <i>triloba</i> Steud.	Brown-eyed Susan	36	Perennial	Yes	Fall				Bees, Butterflies			M									
<i>Ruellia carolinensis</i> (L.) Gmel.	Carolina Wild Petunia	12	Perennial	Yes	Spring-Summer (M,J,A,S)	Lavender	Shade/Part Sun		Hemiptera, Butterflies, Bees, Other Insects	1 gal	maldermatives.com	7	M,P,CP	Dry woods, sandy fields, and no rock crevices.							
<i>Sanguinaria canadensis</i> L.	Bloodroot	16	Perennial	Yes	Spring (M,A)	White	Shade/Part Sun		Pollen, native Bees, Bee Flies	1-qt. Bag of 3	currunary.com, americanmeadows.com	\$4.00, \$9.49	M,P,CP	Mixed deciduous forests, and wooded areas. Chiefly in Mountains and Piedmont.	Yes	Prairiemoon.com	1700	\$80.00/1 oz		0.0471	
<i>Schizanthus scaberrimus</i> (Michx.) Nash.	Little Blue-stem	48	Perennial	Yes			Sun		Pollinator Habitat, Insect food source	1 gal., 1 qt., 1-qt., 1/4 lb. seeds	currunary.com, americanmeadows.com, melowmanfarm.com, natureselectionnursery.com, gardensinthewood.com, americanmeadows.com, melowmanfarm.com	\$5.25, \$11.00, \$10.00, \$9.95	M,P,CP	Excellent drought tolerance. Fair shade tolerance.							
<i>Scutellaria incana</i> Bisher	Hairy Skullcap	36	Perennial	Yes	Summer				Bumblebees				CP,M								
<i>Scutellaria ovata</i> HBK.	Heartleaf Skullcap	24	Perennial	Yes	Spring (M,M,J)				Long-tongued bees				CP,M								
<i>Sedum spectabile</i> Michx.	Mountain Stonecrop	6	Perennial	Yes	Late Spring (M,M,J)	White	Shade/Part Sun		Hemiptera, Bees, Flies, Wasps	3 in.	currunary.com	4	M,P	Rich, often rocky woods.	Rarely	Americanmeadows.com			OUT OF STOCK		
<i>Silene galicifolia</i> (L.) B.G.L. & G.L., <i>Silene galicifolia</i> (L.) House-S.	Occone Bell, Occone	6	Perennial	Yes	Spring (M,A)	Pink, White	Shade/Part Sun		Little is known	1 qt. pot	gardensinthewood.com, melowmanfarm.com	\$20.00 (avail. in Nov. and one)	M	Rich woods on stream banks. Rare. On the protected/endangered list, permit required for purchase.	No						
<i>Silene virginica</i> L.	Pink Pink	30	Perennial	Yes	Spring (M,M,J)	Red	Part Sun/Part Shade		Hummingbird, Long-tongued Bees	1-qt.	isplants.com, natureselectionnursery.com	11.95	M,P,CP	Rich or dry woods. Chiefly Piedmont, and Mountains. Scattered in Coastal Plains.	Rarely	Prairiemoon.com	19000	OUT OF STOCK			
<i>Strychnium angustifolium</i> Mill., <i>Strychnium hirsutum</i> Nutt., <i>Strychnium grandifolium</i> E.P. Bicknell	Narrowleaf Blue-eyed Grass	19	Perennial	Yes	Spring (M,M,A)	Blue	Full Sun/Part Shade		attracts bees, bumblebees, flies	1-qt.	currunary.com	8	M,P,CP	Lawns, Meadows, and Roadsides. Birds eat the seeds.	Yes	Prairiemoon.com	30000	\$80.00/1 oz		0.0026667	
<i>Solidago canadensis</i> (L.) Greene, <i>Solidago canadensis</i> (L.) Greene	Blue-stemmed Goldenrod		Perennial	Yes					Hummingbird, Butterflies	3 in.	currunary.com	4									
<i>Solidago erecta</i> Pursh, <i>Solidago speciosa</i> Nutt. var. <i>erecta</i> (Pursh) MacMill.	Show Goldenrod	48	Perennial	Yes	Summer-Fall				Pollen, Nectar, Bees, Butterflies				P,M								
<i>Solidago nemoralis</i> Aiton., <i>Solidago nemoralis</i> var. <i>nemoralis</i>	Gray Goldenrod	39	Perennial	Yes	Late Fall (S,O,N)	Yellow	Full Sun/Part Shade		Bees, Long-tongued bees, moths, butterflies, beetles, flies. Most larval host provides pollen and nectar.				M,P,CP	Old fields, roadsides, pastures, and waste ground.	Yes	Prairiemoon.com	30000	\$30.00/1 oz.		0.0001	
<i>Solidago odora</i> Aiton., <i>Solidago odora</i> var. <i>odora</i>	Aniscented Goldenrod	59	Perennial	Yes	Summer-Fall (A,S,O)	Yellow	Full Sun/Part Shade		Very high pollinator value.				12	M,P,CP	Woodlands, Road banks, Pine barrens, Savannahs. Listed as Threatened in Vermont, New Hampshire, and Ohio.	Yes	Ernstweid.com	5320	001 lb.		
<i>Solidago rugosa</i> Mill.	Wrinkleleaf Goldenrod		Perennial	Yes	Late Summer	Yellow	Full Sun/Part Shade		Butterflies, Bees, and other insects	1 gal	currunary.com	4									
<i>Sorghastrum nutans</i> (L.) Nash	Indiangrass	84	Perennial	Yes	Summer-Fall				Larval Butterfly Habitat		melowmanfarm.com		CP								
<i>Spartina maritima</i> L.	Indian Pink	28	Perennial	No	Late Spring (M,M,J)	Red with Yellow	Shade/Part Sun		Hummingbird, Long-tongued Bees	1-qt., 4.5 inch pot, 3-qt.	nichgardens.com, growinginthewood.com, gardensinthewood.com	\$14.00, \$10.00, \$10.00	IC	Rich woodlands.	Yes	Notanaturallyinclined.org	54.25/ 25 seeds			0.17	
<i>Stachys laevis</i> (Mill) Greene, <i>Carthamus laevis</i>	Stach's Aster	28	Perennial	Yes	Summer (J,A)	Purple, Blue, Pink	Full Sun/Part Sun		Butterflies, Bees	1-qt., 1 qt., 1 qt.	nichgardens.com, melowmanfarm.com, currunary.com	\$11.00, \$8.00, \$4.00	P	Pine woods. Rare.	Yes	parkwood.com, weebolic.com, jwallswallgarden.com	\$2.95/ 30 seeds			0.295	
<i>Symphoricarpos roseo-anglicus</i> (L.) G.L. Nesom	New England Aster	72	Perennial	Yes	Summer-Fall	Violet, Pink	Full Sun		Long-tongued Bees, bee flies, butterflies, skippers, flies		MelowmanFarm.com		P,M	Habitats include moist to mesic black soil prairies, city parks, fields, moist meadows in woodlands, open areas along roads and lakes, ferns, abandoned fields, open areas along railroad and roadbanks, and miscellaneous waste areas.							
<i>Symphoricarpos patens</i> (Aiton) G.L. Nesom	Late Purple Aster	36	Perennial	Yes	Summer-Fall	White to Purple	Shade		Bees, Syrphid Flies				CP,M								
<i>Symphoricarpos concolor</i> (L.) G.L. Nesom	Eastern Silver Aster	48	Perennial	Yes	Fall	Blue to Purple			Attractive to pollinators				CP,M								
<i>Symphoricarpos grandiflorum</i> (L.) G.L. Nesom	Largeflower Aster	36	Perennial	Yes	Fall (S,O,N)	Red, Purple			Bees, Syrphid Flies				CP								
<i>Symphoricarpos undulatum</i> (L.) G.L. Nesom	Wavy-leaved Aster	48	Perennial	Yes	Summer-Fall	White			Bees				CP,M								
<i>Tephrosia virginiana</i> (L.) Persoon	Goat's Rue	28	Perennial	Yes	Late Spring-Early Summer (M,J)	Pink	Shade/Part Sun		Bees, Host Plant of the Cloveleaf and Goat Ruebopper Moth	Seed Packet	Americanmeadows.com	3.95	M,P,CP	Roadsides, open woods and clearings.	Yes	Prairiemoon.com	2500	\$300/1 lb		0.0075	
<i>Thalictrum flavum</i> (L.) var. <i>caeruleum</i> Wherry, <i>Thalictrum flavum</i> (L.)	Roan Flower	19	Perennial	Yes	Spring (A,M,J)	White	Shade/Part Sun		Nectar, Pollen, Butterflies, Bees, Flies, Moths	1-qt., 1 qt.	nichgardens.com, gardensinthewood.com, currunary.com	\$10.00, \$8.00	M,P	Rich woods. Rare in Mountains and Coastal Plain.	Yes, Rarely	plant-world-seeds.com	2.60 British Pound/ packet (\$3.35)				
<i>Thlaspi arvense</i> Raf., <i>Thlaspi arvense</i> Raf., <i>Thlaspi arvense</i> Small, <i>Thlaspi arvense</i> Small, <i>Thlaspi arvense</i> Raf. var. <i>arvense</i> (Small) Makino, <i>Thlaspi arvense</i> Raf.	Blue Jacket	31	Perennial	Yes	Spring (M,M,J) (Pushy June Sept)	Blue	Full Sun/Part Shade		Long-tongued Bees, Butterflies, Flies				M,P,CP	Dry woods, sandy meadows, wastelands.	Yes	Prairiemoon.com	8000	\$10.00/ 1/4 oz		0.001	
<i>Thlaspi flavum</i> (L.) HBK.	Paintpot Tansy	60	Perennial	Yes	Summer-Fall	Pink to Purple			Larval host plant for butterflies and moths				CP,M								
<i>Trifolium pratense</i> L.	Red Clover	18	No	Summer	Pink				Attracts Bees and Butterflies				CP,M								
<i>Trifolium repens</i> L., <i>Trifolium repens</i> var. <i>atropurpureum</i> Hoff.	White Clover		Perennial	No	Summer	White			Attracts Bees and Butterflies												
<i>Trifolium pratense</i> (Raf.) var. <i>concolor</i> Trillium <i>indivisum</i> (Herbison), <i>Trillium andrewsii</i> (Small), <i>Trillium rugosum</i> (Small) S.	Little Sweet Betsy, Toxshade Trillium	12	Perennial	Yes	Spring (M,A)	Purple	Shade/Part Sun		Attractive to Flies, Bees, and Other Pollinators	1-qt., 13 in. pot, 1 qt., 1 qt.	gardensinthewood.com, gardensinthewood.com, melowmanfarm.com	\$10.00, \$10.00, \$12.00, \$15.00	M,P	Wooded slopes, usually on circumneutral soil. Do not breed from the seed. Frequent in the Southern and Central Piedmont, and Southeast Mountains. They do not transplant well.	Rarely	Americanmeadows.com		OUT OF STOCK			
<i>Urtica dioica</i> L.	Large Bellflower	30	Perennial	Yes	Spring (A,M)	Yellow	Shade/Part Sun		Nectar, bees, specialist bees	1-qt., 1 qt.	gardensinthewood.com, gardensinthewood.com	\$12.00, \$8.20	M	Wooded crevices.	Yes	Prairiemoon.com	700	\$50.00/1 oz		0.0714	
<i>Vernonia noveboracensis</i> (L.) Michx.	Ironweed	72	Perennial	Yes	Summer-Fall	Purple			Butterflies, Bees and other pollinators		MelowmanFarm.com, wellandplants.com		CP,M								
<i>Viola pedata</i> L.	Bird's Foot Violet	6	Perennial	Yes	Spring (M,M,A,M,J)	Lavender/white	Sun		Nectar, Pollen, Long-tongued Bees, moths, butterflies, nectar	Bare root	isplants.com	5.25	M,P,CP	Rocky or sandy.	Rarely	Prairiemoon.com	26000	OUT OF STOCK			
<i>Viola sororia</i> Willd.	Common Blue Violet	6	Annual/Perennial	Yes	Spring (M,M,J)	Lavender			Bees, Butterflies, nectar				CP,M								
<i>Zyphanthes atamosca</i> (L.) Herbert., <i>Atamosca atamosca</i> (L.) Greene, <i>Atamosca trestle</i> (Watson) Greene S.	Atamosco Lily, Easter Lily	10	Perennial	Yes	Spring (M,A)	White	Shade/Sun		Fragrant Flowers.	1-qt.	maldermatives.com	6	M,P,CP	Low woods and wet meadows. Common in Coastal Plains and Lower Piedmont. Can withstand long periods of drought along with abundant moisture.	No						
<i>Zizia aurea</i> (L.) W.D.A. Koch.	Golden Alexander	24	Perennial	Yes	Spring (A,M)	Yellow	Part Shade/Part Sun		Honey Bees, Native Bees, Butterflies, Wasps	1.5 in. pot, Seed Packet	isplants.com, Americanmeadows.com, natureselectionnursery.com	\$8.50, \$5.95	M,P	Alluvial woods, swamps, forests, and creek bottoms. Infrequent, chiefly in Mountains and Piedmont.	Yes	Prairiemoon.com	11000	\$4.80/ 1/4 oz		0.001745	